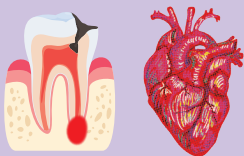


THE HEALTH OF YOUR MOUTH AND YOUR HEART ARE CONNECTED



Henry Schein Cares
FOUNDATION

**Prevention
is Power™**
TAKE CHARGE OF YOUR HEALTH



KNOW YOUR RISK

**2 in 5
adults
have gum
disease**

Germ in the mouth can trigger inflammation that swells blood vessels, reduces blood flow, and increases risk of clots.



IF YOU HAVE GUM DISEASE, YOU ARE

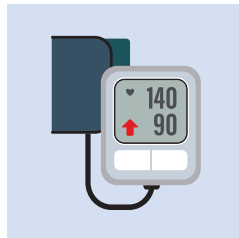
- ▶ **Twice as likely** to have a heart attack
- ▶ **Three times as likely** to have a stroke

And your risk increases over the age of 65



High Blood Pressure & the Health of Your Mouth

High blood pressure not only affects your heart health but can also impact your teeth and gums.



BRING THIS CARD WITH YOU TO YOUR NEXT APPOINTMENT WITH A DOCTOR OR DENTIST

DOCTOR APPOINTMENT

My medical provider has recommended these heart health screenings:

I am on these medications for blood pressure:

DENTIST APPOINTMENT

- I have discussed my gum and teeth health with my dentist
- I have shared my blood pressure and heart health with my dentist

My dentist recommended next steps for my teeth and gum care:

ANNUAL HEALTH SCREENINGS

DOCTOR CHECK-UP • ONCE A YEAR

- Blood pressure screening
- Bloodwork

DENTIST CHECK-UP • TWICE A YEAR

- Teeth cleaning #1
- Teeth cleaning #2

FOR MORE INFORMATION



Learn more about
Prevention is Power



Health Care Resources

**HENRY SCHEIN CARES
FOUNDATION PREVENTION
IS POWER PARTNERS**



**IMPLEMENTATION
PARTNERS**

